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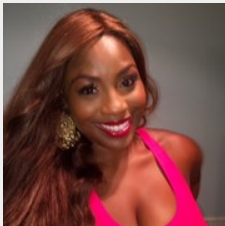


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LA Dance Fitness Examiner

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Beach Yoga with Brad: Your Vacation Starts Now!

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April 10, 2013

9:56 PM MST



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Beach Yoga, Sunset

Youtube/Brad Keimach

If you've ever wanted a class that feels like a vacation, yet aims to work your mind, body and spirit, it's time to check out [Beach Yoga with Brad](#).

Located in Santa Monica, next to Lifeguard Station

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#29, at the end of Marine Street, it is lead by classical conductor and yoga expert **Brad Keimach**, who brings a unique style, energy and delivery to his work, that has many addicted and classes growing each week.

Students range from experts to beginners, and flows move at a slow, yet moderate pace.

Class donation is \$10.00 and you should bring layers, a yoga mat or your beach towel and plenty of sunscreen.

Dolphins may swim by during class, and you will get to move from the sand, to the shore as you take on a variety of positions including downward dog, which feels great with the tide hitting your feet.

Shavasana also gets a boost thanks to the sunshine and Warrior Two is beautiful as you reach for it with the ocean before you.

Beach Yoga with Brad runs year round.

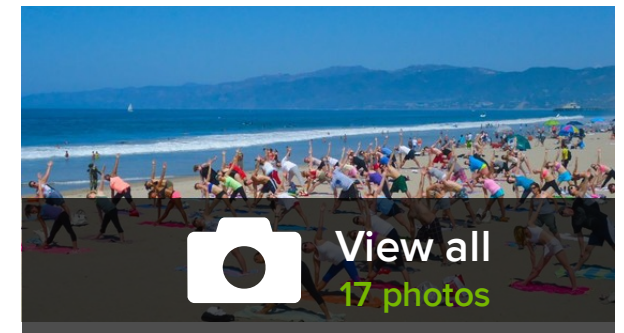
WHEN:

Saturday, Sunday 10:30AM-12:00PM

Tuesday, Sunset Beach Yoga

(Check each week for start time, as the sunset changes.)

WHERE:



Beach Yoga with Brad, Santa Monica
<https://www.facebook.com/beachyogawithbrad>



<https://www.facebook.com/beachyogawithbrad>

FEATURED VIDEO

[Santa Monica Beach, Marine Street to the water, by Lifeguard Station #29.](#)

If you are not familiar with the location, you can map it at 1575 Barnard Way, [Santa Monica](#), CA 90405; but walk all the way to the water. **(It is not AT that address: it's on the beach by Lifeguard Station #29)**

COST:

\$10.00 suggested donation

CONTACT:

310-826-6958

bradkeimach@gmail.com

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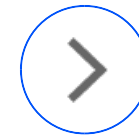
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